

"Haidner Happenings"

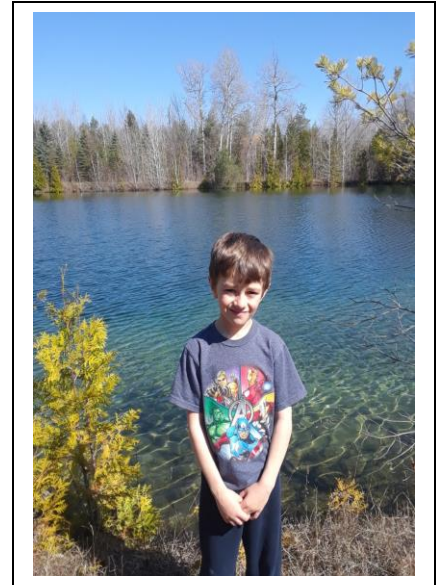
Daily Newsletter

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Thursday, June 4, 2020.

Joyful Challenge: Take a look at the calendar each day and complete the daily joyful task.




JOYFUL JUNE (EVEN IN DIFFICULT TIMES) 2020




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Decide to look for what's good, even on the difficult days	2 Re-frame a worry and try to find a positive way to respond	3 Think of 3 things you're grateful for and write them down	4 Show your appreciation to those who are helping others	5 Smile and be friendly, even while you're social distancing	6 Notice the upsides during the lockdown, however small	7 Find a joyful way of being physically active (indoors or out)
8 Write a letter to thank someone for what they did	9 Find the joy in music today: sing, play, dance or listen	10 Take a photo of something that brings you joy and share it	11 Say positive things in your conversations with others today	12 Make a plan with friends to do something fun together	13 Appreciate the joy of nature and the beauty in the world around	14 Do three things to bring joy to other people today
15 Rediscover a fun childhood activity that you can enjoy today	16 Ask a loved one what they feel grateful for at the moment	17 Be kind to you. Treat yourself the way you would treat a friend	18 Send a positive note to a friend who needs encouragement	19 Create a list of favourite memories you feel grateful for	20 Make time to do something playful today, just for the fun of it	21 Enjoy trying a new recipe or cooking your favourite food
22 Share a happy memory with someone who means a lot to you	23 Look for something to be thankful for where you least expect it	24 Thank a friend for the joy they bring into your life	25 Eat food that makes you feel good and really savour it	26 See the upside in a difficult situation you learnt from	27 Watch something funny and enjoy how it feels to laugh	28 Create a playlist of your favourite songs and enjoy them
29 Take time to do something that makes you happy today	30 Make a list of the joys in your life (and keep adding to them)	 <p>"Every day may not be good, but there is something good in every day" ~ Alice Morse Earle</p>				



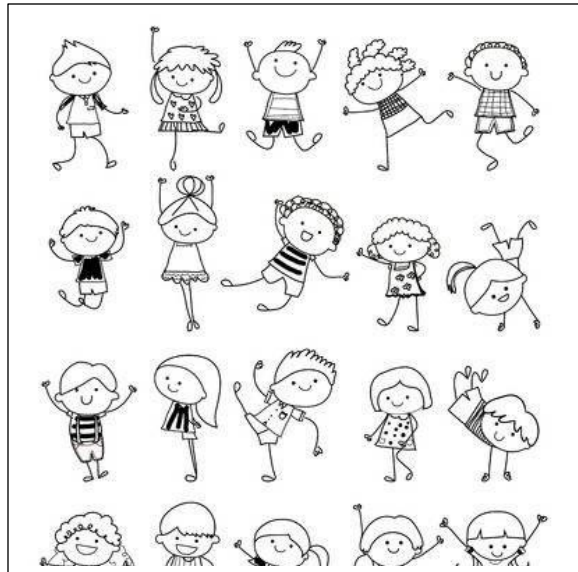





www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together Keep Calm · Stay Wise · Be Kind

Art or STEM Challenge: Drawing stick figures.



<https://www.pinterest.ca/pin/360076932708379554/>

<https://pixabay.com/vectors/kids-drawing-lines-girl-boy-child-3871755/>

Daily Website Review:

Don't forget to look at Mrs. Haidner's Blog (kjhaidner.edublogs.org)

American Robin

<https://kids.nationalgeographic.com/animals/birds/american-robin/>



Joke of the Day:

Q - Why couldn't the pony sing a lullaby?

A - She was a little horse.



Reading:

Remember that each day your goal is to read for a minimum of 15 minutes a day. Record your reading on your reading log or on a piece of paper.



Math Word Problem:

There were 20 cookies. Bill had 4 more than Sarah, and Steve 8 less than 20. How many did Sarah have if all 20 cookies were eaten by them?



Information

Pictures

Numbers

Words

Explore with Ms. Forrest

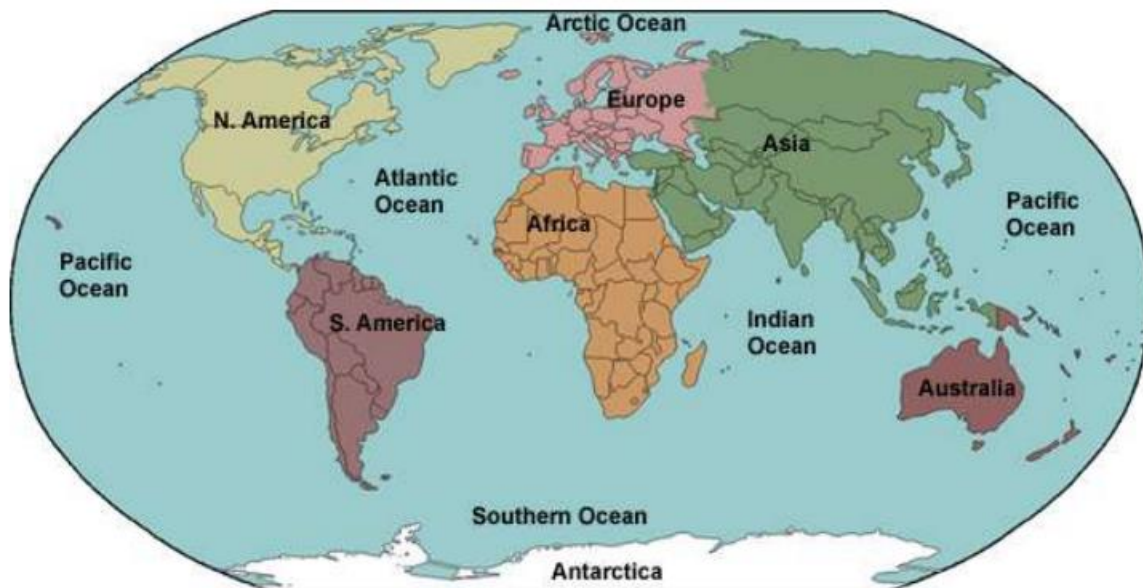
Email: rforrest@scdsb.on.ca

Social Studies Task

We are learning about oceans.

An ocean is a very large body of water also called a sea. Most of the water on the Earth is connected to each other, but is divided into separate oceans.

Can you find all of the oceans on this map?



There are many interesting facts about the world's oceans. The oceans are so large; many scientists believe we know more about things in space than life in the oceans. If you wanted to travel around the world on a boat using the oceans, it would take nearly a year.

Which ocean would you like to explore?

Choose an ocean, and do some research. Find one interesting fact about your chosen ocean. If you do not have access to the internet, you can use this [Ocean fact sheet](#). Write your fact in the last column of KWL from earlier in the week, or tell it to a family member or a favourite stuffy.

Name: _____

June 1 - 5 Spelling Words

C	D	A	W	A	Y	Y	B	H	S	O	J	D	N	E	X	T	Q
L	V	Z	T	O	D	A	Y	H	E	L	P	Q	E	H	T	O	C
J	E	E	F	I	O	B	O	K	H	Q	Y	B	E	N	Y	D	H
P	E	F	N	Z	C	U	E	L	G	P	P	H	V	D	T	O	A
F	Z	S	T	T	H	D	P	T	Z	P	L	E	A	S	E	E	S
O	P	X	E	P	A	W	L	J	W	J	T	U	Y	Y	C	A	E
U	K	L	R	E	I	E	A	T	I	E	N	B	E	N	T	S	F
T	S	R	A	A	N	D	Y	I	H	G	E	R	V	K	N	Y	W
X	E	E	N	Y	I	L	E	N	T	R	S	N	L	B	X	H	A
F	R	N	N	B	E	N	R	X	P	Z	E	E	X	D	Y	I	Y
B	A	T	T	T	Q	D	L	E	A	V	E	E	A	S	E	Y	H
S	V	C	P	C	E	N	T	P	A	I	N	T	S	H	N	O	O

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

- | | | | |
|---------|--------|--------|-------|
| AWAY | HELP | PLEASE | TODAY |
| BENT | LEAVE | RAIN | VENT |
| BETWEEN | LEFT | RENT | WAIT |
| CENT | LENT | SEA | WAY |
| CHAIN | NEXT | SEEN | |
| CHASE | PAINT | SENT | |
| DENT | PLAY | TENT | |
| EASY | PLAYED | THREE | |

