



ONLINE SUPPORT

OPEN FORUM FOR PARENTS AND CAREGIVERS

WEDNESDAY, APRIL 29, 2020. 7:00 P.M.

Seasons Centre for Grieving Children realizes there are many challenges families face during the COVID-19 restrictions. The grief associated with self-isolation and loss of normal routines is challenging for both parents and children. Join us for this **free** online forum to connect with others and to learn of resources available.

GOALS

- To support each other sharing how you are coping during this difficult time.
- The ability to connect with other parents in an adult forum that otherwise some parents may not have
- Share ideas on child/teen activities and resources

For more information and to register contact joan@grievingchildren.com

Healing Hearts with Hope

